



Joslyn Community Food Bank
Join the New Joslyn Singers
Summer Hydration Tips

A MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Members and Friends of The Joslyn Center—As we move through the summer months and look ahead to an exciting fall season, I continue to be inspired by the warmth, energy, and dedication that make The Joslyn Center such a special place. During my first weeks as Executive Director, I have had the opportunity to meet many of you, hear your stories, and witness firsthand the impact this organization has on the lives of older adults throughout our desert communities.

One thing has become abundantly clear: The Joslyn Center is far more than a building or a collection of programs. It is a community built by people who care deeply about one another and who believe that aging should be accompanied by connection, purpose, wellness, and opportunity.

As we move forward, I would like to ask each of you to consider an important role: becoming an "Ambassador" for The Joslyn Center.

The future strength of our organization depends not only on the work of our staff and Board of Directors but also on the active engagement of our members, volunteers, donors, and supporters. Each of us has the ability to help grow our mission by sharing our story, inviting others to participate, and helping increase awareness of the many services and programs available through The Joslyn Center.

If you enjoy a class, invite a friend to join you. If you benefit from our programs, tell a neighbor about your experience. If you believe in our mission, help introduce us to someone who may wish to volunteer, sponsor, or support our work.

Every new member, volunteer, donor, and community partner strengthens our ability to serve older adults throughout the Coachella Valley.

We also recognize that sustaining and expanding our impact requires a strong foundation of financial support. Like many nonprofit organizations, we face increasing operating costs and growing demand for services along with decreased funding from over stretched government and private foundation sources. To meet these challenges, we are committed to building long-term sustainability through expanded fundraising efforts, increased community partnerships, and growth in our recurring giving programs.

One of the most meaningful ways individuals can support our future is through sustained giving. Monthly contributions, regardless of size, provide reliable resources that allow us to plan ahead, strengthen programs, and respond to emerging needs in our community. In the coming months, you will hear more about opportunities to become involved in our Cornerstone Club, Legacy Giving and other initiatives designed to help secure the future of The Joslyn Center for generations to come.

Together, we have an extraordinary opportunity to expand our reach, welcome new members, strengthen community awareness, and most importantly ensure that The Joslyn Center remains a trusted resource for older adults throughout the desert for many years ahead.

Thank you for your continued support, your friendship, and your belief in our mission. I am honored to serve alongside you and look forward to building an even stronger future together.

Remember, every conversation about The Joslyn Center matters. Every invitation matters. Every act of support matters.

Together, we are not only members of The Joslyn Center, we are its AMBASSADORS.

With gratitude and enthusiasm,

John Brennan
Executive Director

In Observance of National Holidays, Joslyn Center Will Be Closed on the Following Dates:

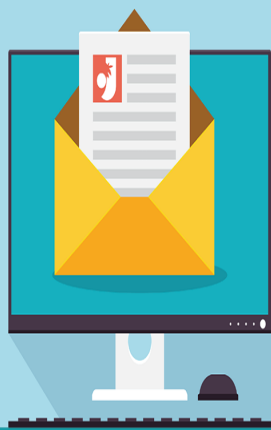
Friday, July 3

INDEPENDENCE DAY

Monday, Sept. 7th

Labor Day



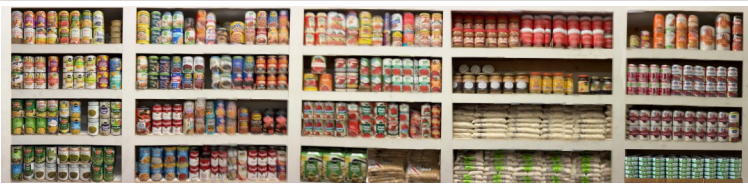


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of our homepage.

JoslynCenter.org

COVER STORY



The Joslyn Community Food Bank takes place in the Arthur Newman Theatre every Friday from 8am-10am or while supplies last. Serving members and non-members alike, it has been a local resource for fresh produce, canned goods, and grocery items since March 2025. Prior to that, Joslyn alternated Penny's Pantry and the Farmers Market on the first four Fridays of the month.

In a time of rising inflation and increasing food costs, many of our friends and neighbors are at risk of food insecurity, especially those on fixed incomes. Thank you to The Champions Volunteer Community Foundation, The Coeta and Donald Barker Foundation, The Morongo Band of Cahuilla Indians, Yuhaaviatam of San Manuel Nation, and End Senior Hunger Campaign donors for supporting Joslyn's Nutrition Services Program and the Joslyn Community Food Bank.

Thank you also to Abound Food Care, Albertsons, FIND Food Bank, Hidden Harvest, Palm Desert Rotary Club, and Rotary Club of Rancho Mirage for partnering with Joslyn Center on this vital service. To join their ranks, please feel free to raid your pantries for unexpired items that would help reduce food insecurity in our community.

The Joslyn Community Food Bank program is overseen by Program Director Alex Garcia with help from Abel Becerra. We are blessed to have a dedicated team of Food Bank volunteers for whom we are truly grateful. Featured on the cover L-R are Paula D'Auria-Showalter, Johnny Johnson, James Shupe, Judy Sadler, and Sonia Routt. Food Bank volunteers not pictured include Tony Barbon, Bill Glover, and Denise H.

To volunteer for the Food Bank or other Joslyn activities, please contact Judy at JudyS@JoslynCenter.org or 760-895-4655.

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Food Bank**

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**FRESH PRODUCE
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& MORE!**

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& PARTNERS!**



**FRIDAYS
8AM-10AM
OR WHILE SUPPLIES LAST**

**JOSLYN CENTER
73750 CATALINA WAY
PALM DESERT**



CLASSES & ACTIVITIES (subject to change) *on summer hiatus

Adult Bereavement Group	Monday	9:00am-10:00am	Free
Art & Soul*	Monday	10:00am-Noon	Cost of supplies
Balance Conditioning	Tuesday & Thursday	Noon-1:00pm	\$7
Basketry	Wednesday	10:00am-Noon	Free
Bingo	Tuesday	Noon-3:00pm	\$15 for 10 games
Blood Pressure Screening	Monday	10:30am-11:30am	Free
Book Club*	4th Friday	10:30am-11:30am	Free
Bridge Lessons	Tues. (Beg.) & Thurs. (Open Game)	10:00am-Noon	\$3
Calisthenics	Tuesday & Thursday	10:00am-11:00am	Free
Canasta (Minnesota)	Monday & Friday	9:00am-Noon or 1:00pm	Free
Chair Yoga*	Thursday	9:00am-10:00am	Free
Cooking Class*	Friday (once per month)	11:00am-Noon	\$10
Deaf / Hard of Hearing Card Club	1st Tuesday of the month	1:00pm-3:00pm	Free
Deep Stretching	Friday	10:00-11:00am	Free
Gardening Club	2nd Monday of the month	10:00am-Noon	Free
Get Tech	Call 760-340-3220 for days	Call for times	Free
Go4Life®	Monday, Wednesday, Friday	8:00am-9:00am	Free
Guided Meditation	Tuesday	10:30-11:30am	Free
Guitar Lessons	Wednesday	11:30am-12:30pm	Free
HICAP	1st & 3rd Thursday of the month	9:00am-Noon by appt.	Free
Improv with Melanie	Thursday	11:30-1:00pm	Free
International Folk Dancing*	Tuesday	2:00pm-4:00pm	Free
Joslyn Community Food Bank	Friday	8:00am until depleted	Free
Jewelry Making Club	Tuesday	Noon-2:00pm	Free
Joslyn Singles	Thursday	Varies	Meal cost
Knit & Crochet Club	Wednesday	9:00am-Noon	\$1
Lawn Bowling Club*	Monday, Wednesday, Friday	9:00am-11:30am	Contact Club
Let's Do Lunch	1st & 3rd Wednesday	11:30am-1:00pm	Free
Line Dancing	Tuesday	10:00am-11:00am	Free
Mah Jongg - American & Chinese	Thursday	1:00pm-3:00pm	Free
Memoir & Creative Writing	Tuesday	1:30pm-3:30pm	Free
Men's Club	Thursday	1:00pm-3:00pm	Free
Mexican Train Dominoes	Monday, Tuesday, Wednesday	10:00am-Noon	Free
Morning Bites	Monday	9:00am-11:00am	Free
Mosaic Glass*	Thursday	9:00am-Noon	Free
Movie Matinee	Wednesday	2:00pm-4:00pm	Free
Nancy's Salon de Joslyn	Monday	By appointment	Gratuity
New Joslyn Singers*	Monday	10:00am-Noon	Free
New Member Orientation	1st Friday of the month	10:00am-11:00am	Free
Parkinson's in Motion	Wednesday	10:00-11:00am	Free
People Living with Cancer Support Group	2nd & 4th Friday	1:00-3:00pm	Free
Pickleball-Beginner/Intermediate Lessons	Thursday & Friday	11:00am-Noon / Noon-1:00pm	Free
Pinochle Club	Tuesday	9:00am-1:00pm	Free
Pinochle Lessons	Wednesday	Noon-3:00pm	Free
Prostate Cancer Support Group	Wednesday	2:00pm-3:30pm	Free
Quilters Club	Tuesday	9:00am-Noon	\$1
Resistance Band Exercise	Monday & Wednesday	9:00am-10:00am	Free
Scrabble	Wednesday	Noon-3:00pm	Free
Self-Directed Peer Social Group	Monday	1:30pm-2:30pm	Free
Senior Advocates	1st & 3rd Wednesday of the month	10:00am-Noon by appt.	Free
Spanish Lessons*	Wednesday	1:00pm-2:00pm	Free
Stretching Class	Wednesday	10:00am-11:00am	Free
Strings Attached	Wednesday	2:00-4:00pm	Free
Table Tennis	Monday & Friday	1:00pm-4:30pm	Free
Table Tennis Lessons	Wednesday	1:30pm-4:30pm	Free
Tai Chi	Monday, Tuesday, Wednesday	9:00am-10:00am	Free
Tap Lessons	Monday & Wednesday	2:00pm-4:00pm	\$18
Ukulele Club	Tuesday	1:00pm-3:00pm	\$1
Water Media Club	Friday	8:00am-Noon	\$5
Yoga	Tuesday; 8:30-9:30am	Friday; 9:00-10:00am	\$5

HYDRATION TIPS FOR SURVIVING THE SUMMER HEAT



We are into the summer temperatures here in the valley and staying hydrated is even more important—especially for seniors. Older adults are at a higher risk of dehydration due to factors like medication side effects, chronic health conditions, and even cognitive decline. For those with Alzheimer's or dementia, it can be easy to forget to drink enough water, leading to serious health issues. In fact, dehydration in seniors has been linked to higher risks of complications and even mortality.

As we deal with the heat of summer, it's crucial to think about ways to stay cool and hydrated. Here are some tips to help seniors beat the heat and stay healthy as temperatures rise.

1. Prioritize Water Intake—It may seem like a no-brainer, but drinking enough water throughout the day is essential. Aim for at least 7 cups of fluids every 24 hours. Limit your alcohol and caffeine intake, as they can increase dehydration. For those who find plain water boring, try infusing it with fruit like berries, citrus, or cucumber, or even herbs like basil or mint. This can make drinking water more enjoyable without adding sugar or artificial flavors.

2. Eat Water-Rich Foods—Hydration isn't just about drinking water. Many fruits and vegetables contain high amounts of water and can help keep you hydrated. Watermelon, cucumber, oranges, and strawberries are great options. Even dairy products like yogurt and milk provide hydration. Frozen fruit or homemade popsicles made from fruit juice or yogurt are delicious and hydrating snacks that also cool you off on hot days.

3. Stay Cool Indoors—Use blinds or curtains to block out the sun, which can reduce indoor heat by up to 77%, according to the Department of Energy. Fans and air conditioning can also help maintain a comfortable, cool temperature at home. If your home lacks air conditioning, try creating a cross-breeze by opening windows and using fans. Make sure to avoid excessive heat exposure during the hottest part of the day, usually from 10 AM to 4 PM.

4. Take Cool Showers or Baths—A cool shower or bath is one of the quickest ways to lower your body temperature. If you're not in the mood for a full shower, try placing a cool washcloth on your forehead, neck, or wrists. These areas of the body are great for cooling down quickly.

5. Hydrate with Electrolytes—While water is essential, it's also important to replenish lost electrolytes, especially after sweating. Try drinking coconut water or electrolyte-enriched drinks that don't have added sugar. In some cases, seniors may need to drink a mix of water and an electrolyte solution to maintain proper fluid balance.

Recognizing Dehydration in Seniors—Whether it's due to forgetfulness or dementia, many older adults don't know they need to drink more water until early signs of dehydration begin. Monitor your loved one and look for these common signs and symptoms of dehydration. These include:

- Extreme thirst or dry mouth
- Sunken eyes
- Dizziness or lightheadedness
- Dry or wrinkled skin
- Rapid heartbeat or low blood pressure
- Dark-colored urine
- Fatigue or confusion
- Muscle cramps

If you or someone you love notice any of these signs, especially if they're persistent, encourage your loved one to drink water and call a healthcare professional if needed. In severe cases, dehydration can lead to heat exhaustion, heat stroke, or kidney problems, so it's crucial to act quickly.

Final Thoughts—The summer heat can pose a serious risk to seniors, especially if dehydration is not properly managed. By following these hydration tips and staying aware of the signs of dehydration, seniors can reduce their risk of heat-related illnesses and stay healthy all season long.

THANK YOU TO OUR CORNERSTONE CLUB MEMBERS

Hugo Aguas* & Donna Aguas	Jeanne "Magic" Fields &	Jo Ann McCabe	Marcie Maxwell
Monica & Paul Bambauer	Lorna Johnson	Barbara Mitchell*	Jonathan & Carol Rich
Barbara Jean &	Barbara Foster-Monachino	Mellisa Nielsen &	Peter Rittenhouse
Gary Bennett	Stephen Gale*	Ron Silverman	Barbara Rogers* &
Brian Bilhartz*	Dr. Diane Haaga*	Nancy Nowak &	Gary Geske
Linda Blank*	Barry Kaufman* &	William Choplin	Ann Simley*
Lynn & Richard Buckley /	Margo Handelsman	Gary & Linda Nugent	Ed Walsh & Wayne Soucy
REAP Foundation	John Kiladis	Bonnie Paul	G. Henry Welles*
Janet Davidson*	Adele Kopko	June Ramsey	Thomas Wright
Ms. Deko	Lauren Looney	Robert Reeder &	*Joslyn Center Board Member

THE CORNERSTONE CLUB supports Joslyn Center programs & services with annual contributions at the following levels with commensurate member benefits:

- Platinum \$3,000 (\$250/mo.)
- Silver \$600 (\$50/mo.)
- Gold \$1,200 (\$100/mo.)
- Bronze \$300 (\$25/mo.)

For as little as \$25 per month, you can be a member of the Cornerstone Club.

For more information, please contact Tomm Belanich, Development & Marketing Manager, at 760-895-4654 or TommB@JoslynCenter.org.

MUSICAL HEALTHY NOTES NOTES

By Julie Christian



As seniors, we all know that as we age, it becomes more important to take care of both our bodies and our brains. Science has shown that one of the best ways to nurture good health for body and mind is singing! Singing stimulates brain activity, promotes healthy breathing and even helps lower blood pressure! Listening to and singing songs spark areas of the brain that control memory and language as well as movement and emotion. And not only does singing have physical and mental benefits, but group singing encourages social connections which enrich our lives!

Where can you find a great singing group? Right here at the Joslyn Center! The New Joslyn Singers is a lively group of men and women who gather from September to April each year to learn popular songs and then to take our music out to the community. We perform seasonal songs during the Winter holidays and favorite popular songs during the Spring season at local retirement homes and assisted living facilities to bring the joy of music to our neighbors. We even perform at the Rancho Mirage Library for the public!

We begin our next season on Monday, September 14th to prepare our Winter Season program. Come and meet our award-winning director and accompanist, Robert Rutt. He will evaluate your voice to determine whether you are a soprano, alto, tenor or bass and where you might best fit into the group. The only commitment we ask is to attend rehearsals regularly and attend all concerts because we all depend on each other. In the meantime, during the summer, we will gather monthly for no-host lunches to foster and nurture our friendships with each other.

If you would like more information about the New Joslyn Singers, please contact Missy Anderson at 760-347-6806 or gvalleygirl@gmail.com. And come join a fun way to enhance your physical, mental and emotional well-being!



Come "Carry a Tune!"

Recruiting new members!

Returning
Monday,
September 14

10:00am-Noon

For information:

Missy Anderson

760-347-6806

gvalleygirl@gmail.com



BUSINESS PARTNER SPOTLIGHT DESERT CANVAS SENIOR LIVING



DESERT CANVAS
SENIOR LIVING

Desert Canvas Senior Living is a boutique residential care home located in La Quinta, in a quiet gated community. Founded by an Advanced Practice RN in Gerontology with more than 35 years of nursing experience, Desert Canvas was created to offer an elevated, home-like alternative to traditional senior living for individuals who need daily care, personalized support, and a calm, dignified environment.

They believe care should nurture the whole person - physically, emotionally, socially, and creatively. Their approach blends high-quality, evidence-based care with warmth, individualized attention, and meaningful connection. Because of our boutique residential setting, we are able to know each resident deeply and partner closely with families, physicians, therapists, and care teams to support each person's unique needs, routines, preferences, and quality of life.

Their all-inclusive care and amenities include & assistance with meal planning and preparation, housekeeping, laundry, medication management, bathing, dressing, grooming, toileting, incontinence care, feeding support, ambulation assistance, transferring, and coordination with mobile and concierge providers such as physicians, physical therapy, dental care, hairstyling. Home health, hospice, and lab draws. Desert Canvas also offers 24/7 home monitoring, secure alarm systems, clinical overnight, physician coordination, and individualized enrichment through peaceful routines, movement, art, social connection, garden time, and rest. For more information, please call 714-271-9434 or visit DesertCanvasSL.com.

JOSLYN CENTER LEGACY CIRCLE

Our heartfelt gratitude to the Legacy Circle members for their deep commitment to the Joslyn Center.

Their gifts and generosity will live on forever.

J & D Bird Trust

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**In Memoriam*

JOSLYN PICKLEBALL CLUB NEWS



Summer in the Coachella Valley can be challenging for outdoor sports enthusiasts, but pickleball players at The Joslyn Center are fortunate to have excellent options for staying active and enjoying the game year-round. During the summer months, players can choose between three outdoor courts available five days per week and a valuable indoor alternative: an air-conditioned court available three days per week. This flexibility allows players to continue enjoying pickleball despite the desert heat while maintaining the social connections and healthy exercise that make the sport so popular.

One of the highlights of the Joslyn pickleball program is the generosity of Coach Henry, who volunteers his time twice each week to provide instruction for beginner and intermediate players. His coaching helps newcomers learn the fundamentals while assisting more experienced players in improving strategy, shot selection, positioning, and overall court awareness. The availability of quality coaching is a major benefit and contributes to the welcoming atmosphere that has helped the program grow.

In addition to regular play and instruction, the Center hosts a tournament approximately once every quarter. These tournaments provide players with an opportunity to test their skills in a friendly, competitive environment while building camaraderie among participants. Both indoor and outdoor play offer distinct advantages. Indoor pickleball provides a climate-controlled environment that protects players from extreme temperatures, sun exposure, and wind. The consistent conditions allow for more predictable ball movement and can be especially appealing during the hottest months of the year. The primary drawback is limited court availability, which can lead to crowded sessions and longer waits between games.

Outdoor pickleball offers the traditional playing experience that many players prefer. With three courts available and five days of scheduled play, there is generally more opportunity to get on the court. Outdoor play also allows participants to enjoy fresh air and the open environment. However, players must contend with heat, sun, wind, and occasionally changing court conditions, all of which can affect comfort and performance.

Whether indoors or outdoors, the Palm Desert Joslyn Senior Center provides an outstanding pickleball program that combines exercise, competition, learning, and friendship. Thanks to dedicated volunteers like Coach Henry and the enthusiasm of the players, the program continues to be a valuable resource for active seniors throughout the summer and beyond.

Mike Garai
Pickleball Correspondent



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A MESSAGE FROM THE BOARD PRESIDENT



One of the things I love most about this Center is how we look out for each other. We check in, we notice things, we care. And because of that, I want to speak plainly about an issue that affects senior centers everywhere, and that's the risk of falls.

As you may know, falls are one of the leading causes of injury for older adults. But here's the part I want us to focus on: a lot of falls can be prevented. And when we work together — staff, volunteers, and members — we can make this place even safer than it already is.

Every one of you brings life and energy into this building. Your safety isn't just a policy issue — it's personal. When we prevent falls, we're protecting your independence, your confidence, and your ability to enjoy the friendships and programs that make the Joslyn Center feel like home.

We're taking a close look at our walkways, flooring, and common areas. We're making sure furniture and equipment are stable and placed where they should be. We're offering classes that help with balance, strength, and mobility. And our staff is trained to respond quickly when something needs attention.

And here's where I really need your partnership, because these small habits truly keep all of us safer. Wearing supportive shoes, using handrails or an assistive device when you need one, letting us know right away if you notice a spill or a loose rug, taking your time as you move from room to room, staying hydrated, and joining the classes that help keep you steady — these are simple things, but they make a real difference in how confidently and comfortably you can move through the Center.

I want to spotlight a program we offer at the Joslyn Center to help prevent falls: *Better Brain & Balance*. This class supports your balance, strengthens your body, and keeps your mind sharp — all at the same time. It's designed to enhance both brain function and physical stability, with a special focus on encouraging the growth of new neurons in the parts of the brain responsible for memory and learning. Through a thoughtful blend of exercises and mindful movement, participants improve their ability to sit and stand safely, strengthen their gait, and build better balance.

A key part of the class addresses something many of us don't talk about enough: the fear of falling. That fear can quietly limit activity, which then leads to a loss of strength and coordination. Participants also learn how to spot

potential hazards at home and in the community, giving them the tools to create safer environments.

The goal is simple: reduce fear, restore confidence, and help you move through your day with ease and peace of mind. To register for *Better Brain & Balance*, call 760-895-4656, or try *Balance Conditioning* at noon on Tuesdays and Thursdays.

Keeping this community safe is something we do together. The Joslyn Center is strong, stable, and fully committed to your wellbeing — not just during transitions, but every single day. Your awareness and your willingness to speak up help us protect the place we all care about.

Thank you for your kindness, your attention, and the way you show up for one another. With your help, we'll keep the Joslyn Center a place where people flourish — safely, confidently, and in full bloom.

Barbara Mitchell, LCSW
Board President



BETTER BRAIN & BALANCE with Gail

Enhance your mind, improve your movement!

What You'll Gain to Reduce Your Fear of Falling:

- **Stronger Muscles:** Focus on your lower legs and feet to improve walking and stair-climbing.
- **Brain Health:** Exercises aimed at encouraging the birth of new neurons in the memory and learning centers of the brain.
- **Better Balance:** Improve your ability to safely navigate your home and reduce the risk of falls.
- **Increased Confidence:** Learn to spot hazards and feel more secure in your daily life.

Please call for upcoming dates and times.

\$10 per session or \$50 for the whole course

CONTACT MAJESTY TO REGISTER
(760) 895-4656
MajestyG@JoslynCenter.org

BALANCE CONDITIONING
with Debbie



Tuesdays & Thursdays
Noon-1:00pm

\$7 per class



JOSLYN CENTER BUSINESS PARTNERS

CATEGORY	BUSINESS PARTNER	CONTACT	PHONE	WEBSITE
Assisted Living/ Memory Care	Vista Cove at Rancho Mirage	Angel Ibarra	760-324-4604	VistaCove-RM.com
Assisted Living/ Memory Care	Caleo Bay Alzheimer's Care Ctr.	Anthony Aniasco	760-996-2745	SunshineRetirementLiving.com/ Caleo-Bay-Assisted-Living-La-Quinta
Assisted Living	Desert Canvas Senior Living	Debra Windle	714-271-9434	DesertCanvasSL.com
Behavioral Health	BrainWorks Behavioral Health	Lyndsey King	858-914-1347	BrainWorksBehavioralHealth.com
Funeral & Cremation	Forest Lawn	Eric Sanchez	323-497-7971	FLCoachellaValley.com
Healthcare	Alpha Care Medical Group	Fernando Delgado	626-949-1307	AlphaCareMed.com
Healthcare	Alzheimers Coachella Valley	Priscilla Kubas	760-776-3100	CVAIzheimers.org
Healthcare	Desert Regional Medical Center Desert Care Network	Debra Gruszecki Brown	760-323-6511	DesertCareNetwork.com
Healthcare	Desert Oasis Healthcare	Rob Banchich	323-394-1174	myDOHC.com
Healthcare	Eisenhower Health	Brett Klein	760-340-3911	EisenhowerHealth.org
Healthcare	Kaiser Permanente	Carolina E. Meza		KaiserPermanente.org/Southern-California
Healthcare	Low Vision Provider	Dr. Greg Evans	760-578-5034	LowVisionProvider.com
Healthcare	Shield by Guardant Health	Rossalyn Lopez	951-326-0637	GuardantHealth.com
Healthcare	WelbeHealth	Joan Perkins	970-413-2824	Welbehealth.com
Home Care	24Hr Caregivers	Allen Tahir	760-888-9000	24HourCaregivers.com
Home Care	Always Best Care	Sandra Mendoza	760-851-0740	AlwaysBestCare.com/Palm-Desert
Home Care	Assisted Living Locators	Kendall Forbes	760-576-3000	AssistedLivingLocators.com
Home Care	Caring Companions at Home	Diane Mondini	760-771-6263	CaringCompanionsAtHome.com
Home Care	Caring Transitions	Luis Peralta	760-835-3150	CaringTransitionsDesertCities.com
Home Care	Home Sweet Home Senior Homecare	Tana Yurivilca	760-328-1700	HomeSweetHomePalmDesert.com
Home Care	MS Care	Marie Sokolik	760-574-3175	MSCareInc.com
Home Care	Visiting Angels	Sara Bridgewater	760-404-0220	VisitingAngels.com
Housing Referral Services	Palm Springs Senior Advisors	Douglas Sorenson	760-218-5503	PalmSpringsSeniorAdvisors.com
Housing Referral Services	LivWell Senior Solutions	Cindy Player	760-235-1399	LivWellSeniorSolutions.com
HVAC Service	Paul Mitchell's Air Care	Paul Mitchell	760-625-5861	PMAirCare.com
Insurance	Bilhartz Desert Insurance Agency	Julie Sarmiento	760-835-1651	BilhartzInsurance.com
Insurance	SCAN Health Plan	Ruth Osborn	661-609-3602	ScanHealthPlan.com
Legal Services	Josh Arthur Law Firm PC	Dean Ehrlich	760-201-3215	JArthurLaw.com
Utility	Southern California Edison	Aaron Thomas	760-202-4293	SCE.com

Annual Business Partner memberships are \$300 (Bronze), \$600 (Silver), and \$1,200 (Gold) with commensurate benefits.

For further information, please visit JoslynCenter.org/Business-Partners or contact Alex Garcia at 760-895-4652 or AlexG@JoslynCenter.org.



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Thank you for being part of our journey!

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A portrait of Dr. Robert M. Anderson, a man with short, graying hair, smiling. He is wearing a dark blue button-down shirt. The background is a blurred outdoor setting with greenery and a building.

Board Member since July 2022

Hugo and his wife, Donna, moved to Rancho Mirage in 2022. Prior to becoming the Rancho Mirage representative to the Joslyn Center Board, he has been on several nonprofit boards as a board member and has also chaired three boards.



Prior to retiring, Diane had an extensive thirty-year career in strategic human resources, organization development, management consulting, and outplacement services. Some of the companies for which she worked included: Taco Bell, Elevance Health (formerly WellPoint/Blue Cross), The William Lyon Property Management Company, Lee Hecht Harrison, Lab Corp of America, Gannett Media, and General Air Conditioning and Plumbing.



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Please see weekly e-newsletter for August & September restaurants.

Cove Communities Senior Association
The Joslyn Center
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 Palm Desert, CA 92260-2906
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WEDNESDAY MATINEE MOVIES, 2-4pm

July 1	<i>Get Low</i>, 2009 A movie spun out of equal parts folk tale, fable and real-life legend about the mysterious, 1930s Tennessee hermit who famously threw his own rollicking funeral party... while he was still alive.	Aug. 19	<i>The Wizard of Oz</i>, 1939 Dorothy and her dog Toto are swept away from their Kansas farm by a tornado to the magical Land of Oz and embark on a quest with three new friends to see the Wizard, who can return her to her home and fulfill the others' wishes.
July 8	<i>The Bucket List</i>, 2007 Two terminally ill men escape from a cancer ward and head off on a road trip with a wish list of to-dos before they die.	Aug. 26	<i>Just Like Heaven</i>, 2005 A lonely architect finds an amazing apartment, only to discover it's haunted by the spirit of the previous tenant, an overachieving doctor.
July 15	<i>Million Dollar Baby</i>, 2004 Frankie, an ill-tempered old coach, reluctantly agrees to train aspiring boxer Maggie. Impressed with her determination and talent, he helps her become the best and the two soon form a close bond.	Sept. 2	<i>A Minecraft Movie</i>, 2025 Four misfits are suddenly pulled through a mysterious portal into a bizarre cubic wonderland that thrives on imagination. To get back home they'll have to master this world while embarking on a quest with an unexpected expert crafter.
July 22	<i>The Notebook</i>, 2004 An elderly man reads to a woman with dementia the story of two young lovers whose romance is threatened by the difference in their respective social classes.	Sept. 9	<i>Tom & Jerry</i>, 2021 A chaotic battle ensues between Jerry Mouse, who has taken refuge in the Royal Gate Hotel, and Tom Cat, who is hired to drive him away before the day of a big wedding arrives.
July 29	<i>Driving Miss Daisy</i>, 1989 An old Jewish woman and her African-American chauffeur in the American South have a relationship that grows and improves over the years.	Sept 16	<i>Grease</i>, 1978 Good girl Sandy Olsson and greaser Danny Zuko fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance?
Aug. 5	<i>Garfield: The Movie</i>, 2004 Jon Arbuckle buys a second pet, a dog named Odie. However, Odie is then abducted and it is up to Jon's cat, Garfield, to find and rescue the canine.	Sept 23	<i>McFarland USA</i>, 2015 Jim White moves his family after losing his last job as a football coach, and at his new school he turns seven disappointing students into one of the best cross-country teams in the region.
Aug. 12	<i>Coach Carter</i>, 2005 Controversy surrounds high school basketball coach Ken Carter after he benches his entire team for breaking their academic contract with him.	Sept 30	<i>The Mask</i>, 1994 Bank clerk Stanley Ipkiss is transformed into a manic superhero when he wears a mysterious mask.

Special thanks to the Cities of Indian Wells, Palm Desert, and Rancho Mirage for their ongoing support!